

# PLVC SPONSORS FREE INDIVIDUAL MEDICARE, AFFORDABLE CARE ACT AND HEALTH INFORMATION COUNSELING SESSIONS



Oct 15 (Bay) | Nov 12 (Beach) | Dec 3 (Bay) all from 1 - 4 p.m.

Counseling sessions are on a first-come-first-served basis. No appointments are required or available.

If you have questions or need additional information, please contact Kathy Traci, 360-301-5378, [traciplt@aol.com](mailto:traciplt@aol.com).



**Individual health insurance coverage** - Meet one-on-one with a volunteer In-Person Assister (Navigator) who is trained and certified through the Washington Health Benefit Exchange to assist with enrollment in a health insurance plan for those who are uninsured and under age 65. Learn if you are eligible for a tax subsidy to reduce your premium or for the expanded Medicaid program.

**Healthcare counseling** - Learn from PLVC Health and Wellness Committee volunteers who will assist with navigation and use of free medical on-line databases.

**Medicare.gov**  
The Official U.S. Government Site for Medicare  
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**Medicare Beneficiaries** - For those approaching age 65 or already age 65, meet one-on-one with a volunteer from SHIBA (Statewide Health insurance Benefits Advisors) who will provide free, unbiased, and confidential assistance with Medicare Part D (prescription drug coverage) and Medigap insurance policy choices.