

Port Ludlow Wellness Forums

Brought to you by the Port Ludlow Village Council

Heart Attack Protocols and Rehabilitation

Tuesday, May 14th, 1:30 PM – 3:30 PM

The Bay Club, 120 Spinnaker Place, Port Ludlow, WA

This forum will feature an update of the protocols developed in 2009, when six Jefferson County organizations partnered and dedicated an entire week to form more efficient, clear and concise heart attack protocols.

Presenters include:

Dr. David Tinker,
Kitsap Cardiology & Harrison Medical Center

Tim Manly, Paramedic,
Port Ludlow Fire & Rescue Department

Judy King, RN, Cardiac Coordinator,
Jefferson Healthcare Wellness Program

This wellness forum is valuable for everyone to attend; with heart attacks being the number one cause of death in America for men and women. Pamphlets, brochures and refreshments will be provided. Bring your questions and come learn how you can save your life!



This is a free event open to the public. Sign-up sheets for the forum are located at both the Beach and Bay Clubs or RSVP by contacting Tom Boughner (360) 437-9884 or Peggy Schafran (360) 437-9935.

For more information about Cardiac Educational Resources and other Health & Wellness Resources please visit the online Resource Center at www.plhealth.org.